

# FIDE 2022-2023

## *Heart and Soul Lessons*

### Overview

- In this lesson file you will find a video explanation of the *Heart and Soul Lessons*, a link to lessons on Lent for k-5<sup>th</sup> grade and 6<sup>th</sup>-8<sup>th</sup> grade, as well as an overview of what you will find in each lesson.
- Below is an overview of what you will find:
  - Within each lesson below, you would find the complete lesson plan packet for those grades, which will contain 3 lessons for each grade. The lessons for each grade are as follow:
    - Lesson One – Lent/Prayer
    - Lesson Two – Fasting
    - Lesson Three – Almsgiving
- Click [HERE](#) to watch EJ explain *Heart and Soul Lessons* or scan QR Code below



## **Lessons/Resources on the Confession**

**Confession - TEACHING PACKET FOR PARENTS (click hyperlinks below or scan QR Code to access)**

- [\*\*Click here to access Teaching Packet\*\*](#)



## **ELEMENTARY PACKET (K-5)**

- [\*\*Click here to access K-5 Lesson Packet\*\*](#)
- ***The elementary packet contains:***
  - A list of objectives of what the students should know by the end of the unit
  - 3 lessons with accompanying videos and crafts
  - A comprehensive assessment to be completed at the end of the unit
  - A “Diving Deeper” list of additional resources & an accompanying folder in the google drive with the activities already downloaded and organized

## **ELEMENTARY PACKET (6<sup>th</sup>-8<sup>th</sup> Grade)**

- **[Click here to access 6<sup>th</sup>-8<sup>th</sup> Grade Lesson Packet](#)**
- ***The middle school packet contains:***
  - A list of objectives of what the students should know by the end of the unit
  - 3 lessons with accompanying videos and crafts
  - A comprehensive assessment to be completed at the end of the unit
  - A “Diving Deeper” list of additional resources & an accompanying folder in the google drive with the activities already downloaded and organized
  - And a Family Challenge