

# FIDE 2023-24

## *Heart and Soul Lessons*

### Overview

- In this lesson file you will find a video explanation of the *Heart and Soul Lessons*, a link to lessons on Virtue for k-5<sup>th</sup> grade and 6<sup>th</sup>-8<sup>th</sup> grade, as well as an overview of what you will find in each lesson.
- Below is an overview of what you will find:
  - Within each lesson below, you would find the complete lesson plan packet for those grades, which will contain 3 lessons for each grade. The lessons for each grade are as follow:
    - Lesson One – Virtue
    - Lesson Two – Cardinal Virtues
    - Lesson Three – Theological Virtues
- Click [HERE](#) to watch EJ explain *Heart and Soul Lessons* or scan QR Code below



## **Lessons/Resources on Virtue**

**Heart and Soul – Adults and Teens Catechetical Resource - Please open the Heart and Soul: Catechetical Resource on Virtue to learn more about this topic before teachings your kids about it.**

**[Click here to access \*The Heart and Soul; Catechetical Resource\*](#)**

### **ELEMENTARY PACKET (K-5)**

- **[Click here to access \*K-5 Lesson Packet\*](#)**
- ***The elementary packet contains:***
  - A list of objectives of what the students should know by the end of the unit
  - 3 lessons with accompanying videos and crafts
  - A comprehensive assessment to be completed at the end of the unit
  - A “Diving Deeper” list of additional resources & an accompanying folder in the google drive with the activities already downloaded and organized

### **ELEMENTARY PACKET (6<sup>th</sup>-8<sup>th</sup> Grade)**

- **[Click here to access \*6<sup>th</sup>-8<sup>th</sup> Grade Lesson Packet\*](#)**
- ***The middle school packet contains:***
  - A list of objectives of what the students should know by the end of the unit
  - 3 lessons with accompanying videos and crafts

- A comprehensive assessment to be completed at the end of the unit
- A “Diving Deeper” list of additional resources & an accompanying folder in the google drive with the activities already downloaded and organized
- And a Family Challenge