

FIDE 2023-24

Heart and Soul Lessons

Overview

- In this lesson file you will find a video explanation of the *Heart and Soul Lessons*, a link to lessons on Confession for k-5th grade and 6th-8th grade, as well as an overview of what you will find in each lesson.
- Below is an overview of what you will find:
 - Within each lesson below, you would find the complete lesson plan packet for those grades, which will contain 3 lessons for each grade. The lessons for each grade are as follow:
 - Lesson One – What is Sin?
 - Lesson Two – Venial vs Mortal Sin
 - Lesson Three – What is Confession?
- Click [HERE](#) to watch EJ explain *Heart and Soul Lessons* or scan QR Code below



Lessons/Resources

Heart and Soul – Adults and Teens Catechetical Resource - Please open the Heart and Soul: Catechetical Resource on Confession to learn more about this topic before teachings your kids about it.

- [Click here to access the Heart and Soul Catechetical Resource](#)

ELEMENTARY PACKET (K-5)

- [Click here to access K-5 Lesson Packet](#)
- ***The elementary packet contains:***
 - A list of objectives of what the students should know by the end of the unit
 - 3 lessons with accompanying videos and crafts
 - A comprehensive assessment to be completed at the end of the unit
 - A “Diving Deeper” list of additional resources & an accompanying folder in the google drive with the activities already downloaded and organized

ELEMENTARY PACKET (6th-8th Grade)

- [Click here to access 6th-8th Grade Lesson Packet](#)
- ***The middle school packet contains:***
 - A list of objectives of what the students should know by the end of the unit
 - 3 lessons with accompanying videos and crafts
 - A comprehensive assessment to be completed at the end of the unit

- A “Diving Deeper” list of additional resources & an accompanying folder in the google drive with the activities already downloaded and organized
- And a Family Challenge